

DBT-InStem holds sundowner Session on ‘News Fatigue’

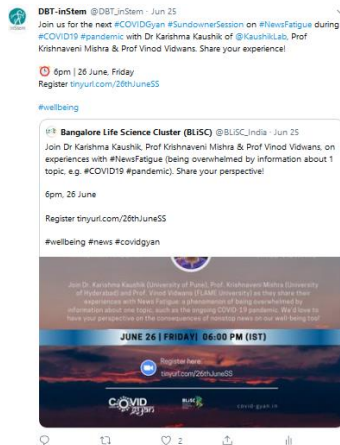


New Delhi, July06: The Department of Biotechnology’s Institute for Stem Cell Science and Regenerative Medicine (DBT-inStem) is one of the founding partners of COVID-Gyan, a pan-institutional website that has been proactive in COVID-19 outreach efforts. The institute has been conducting Sundowner Sessions since lockdown 1.0 in collaboration with Bangalore Life Science Cluster (BLiSc) every week focusing on various topics relevant to the socio-economic crisis caused by the pandemic.

A session held on June 26, 2020, focused on ‘News Fatigue’ a phenomenon of being overwhelmed by the deluge of information on different aspects of the viral spread. Dr. Karishma Kaushik from Pune University, Prof. Krishnaveni Mishra from University of Hyderabad and Prof. Vinod Vidwans from FLAME University were the panelists. They addressed questions like what is news fatigue, does it arise from actual information or the manner of reporting on TV, digital and social media platforms, how can one avoid news fatigue, trusting one news source. which provides reliable information etc. during the 50 minutes’ session.

They also focussed on how to stay informed and live with the pandemic related news moving forward and possible policy of self-isolating from the media if it is harming one's mental health. A recording of the session will be available on the youtube channel of COVID-Gyan soon.

The Twitter screenshot of the event:



DBT-InStem on Social Media

DBT-inStem has added yet another feather to its cap. It's Twitter handle has seen a rise in followers by ~5 % for the month of May 2020 (from 7,452 to 7,830 as of June 26, 2020).

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