

*Desi idlis among other food items will be part meals for Gaganyaan Space Explorers*



Since long, the Defence Food Research Laboratory (DFRL), Mysuru is involved in research of various aspects of food science and technologies (S&T) such as the development of convenience foods, preservation of foods, nutritional and biochemical evaluation, food safety, food packaging.

The Indian Space Research Organisation (ISRO) chief, Dr. K. Sivan announced the name of 04 astronauts for special training in Russia for upcoming manned space mission, Gaganyaan. For Indian astronauts who are scheduled to go in mission, food items such as egg rolls, veg. rolls, idli, moong dal halwa and veg. pulav have been prepared by the DFRL, Mysuru.

One of the important food items prepared are *Desi idlis*. Besides the food packets, Mysuru laboratory has made special containers to help astronauts drink liquids in zero gravity, and heater has also been developed for food as well.